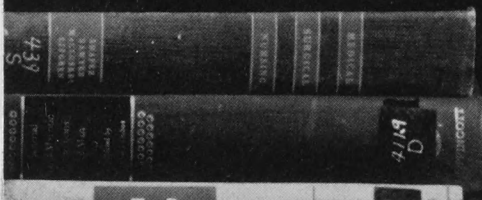




# MEMORARE

1960

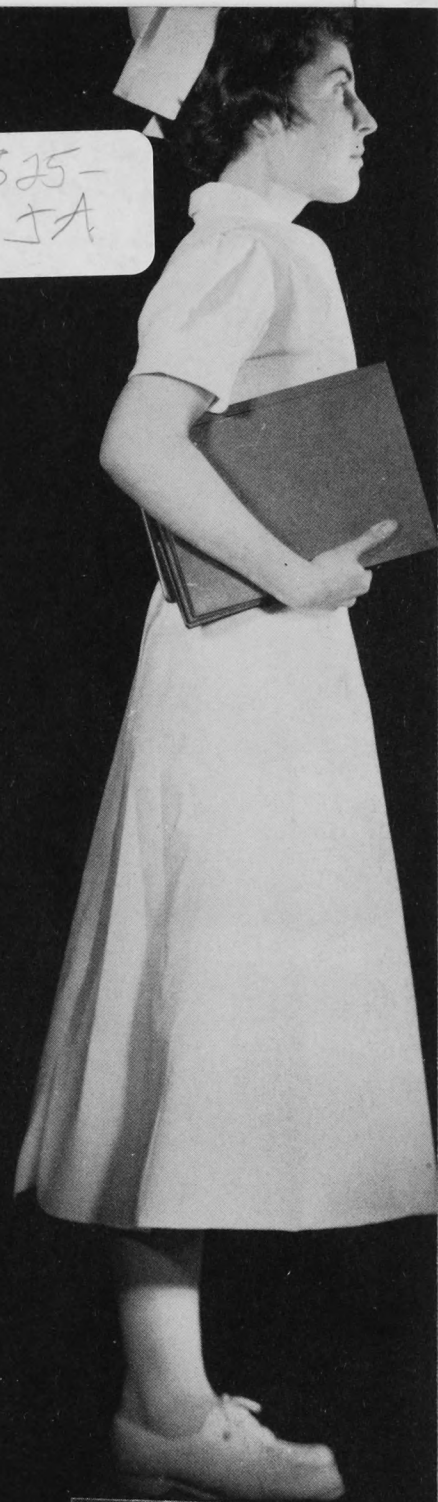








\$25-  
JA











Blessed Mother Marguerite D'Youville

MARGUERITE D'YOUVILLE



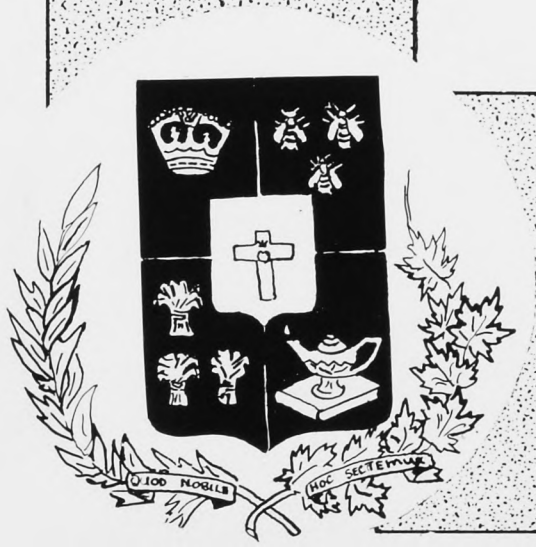
Presented by

The 1960 Graduating Class

of

Regina Grey Nuns  
School of Nursing

This the 14th Edition





Dedicated To  
Mom and Dad

from

Your Daughter Graduates '60

With Love







J. Sarvis

## Yearbook Staff

### Editorial

In the pages of the "Memorare" we have tried to recapture in print and picture the memories of the events during the past three years.

In future years a peek between these white bound covers will bring back to us all the rewards, the work, the play, and the trials we had shared to-gether.

As graduation is nearing we will leave old friends behind and will meet new friends in the future. May each one of you have an abundance of success in your future endeavors.

To the class behind we wish you the best of luck in your edition of the "Memorare."

A sincere thanks to Sr. Brodeur and the faculty advisors for without their advice and guidance this book could not be printed.

Also a sincere thanks to my staff who co-operated and worked so faithfully to make this book the treasured memory it is.

J. Sarvis  
Editor.



J. Sangster



J. Johnson



P. Green



M. Peakman



M. Marshall





S. MaGee



L. Rutledge



L. Ellert

1960 YEARBOOK CHAIRMEN

Editor . . . . .	J. Sarvis
Assistant Editors . . . . .	L. Rutledge, S. MaGee
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Advertising . . . . .	G. McKinnon
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M. Bender



G. McKinnon



M. Skilnick

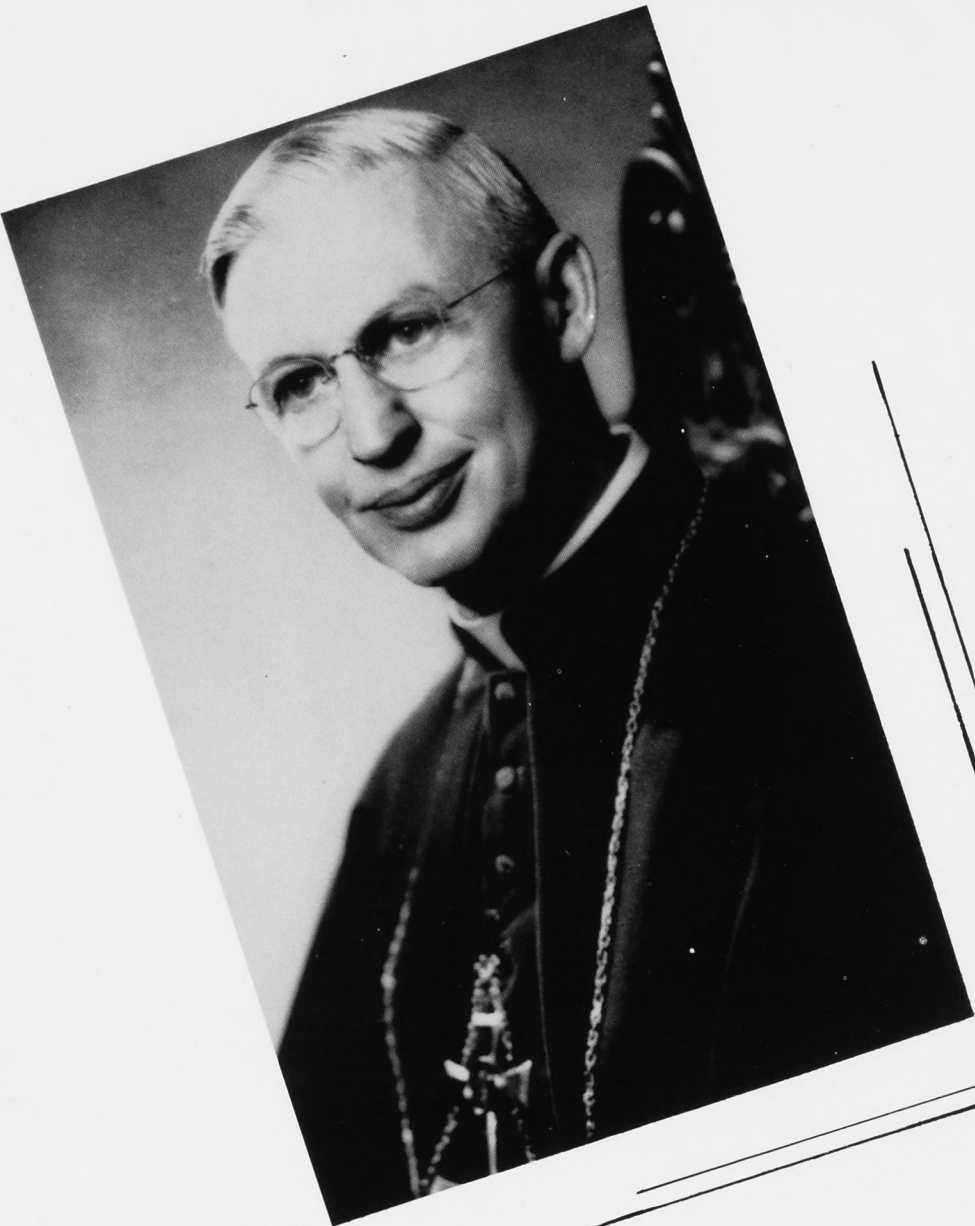


E. Johnson



G. Ried





## Dear Graduates

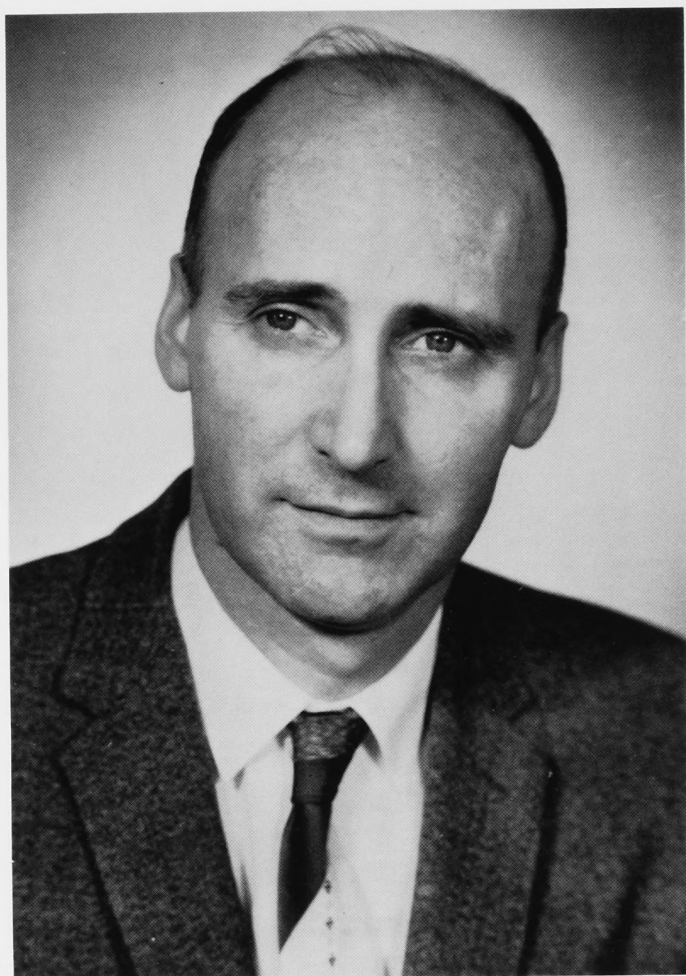
I don't suppose St. Paul has ever been a universal favourite with the ladies. The little matter of "covered heads" and "keeping silence in the churches" is sufficient to arouse a woman's resentment. There are, however, occasions when his words, although certainly not addressed to nurses, have a certain relevancy. In a few sentences he sums up everything I would say to you.

"I beseech you that you walk worthy in the vocation to which you are called. You must be always humble, always gentle, patient, too, in bearing with another's faults, as charity bids."

That may seem like a big order for one who is looking forward to days of freedom and emancipation from the restrictions of the training school. Admittedly so, but the reason for your walking worthily in your vocation is because it is so sublime.

Seeing Christ in your patient, helping Christ in your patient, loving Christ in your patient, is the thought and mind of St. Paul. May it always be your approach in the years that lie ahead.

M. C. O'Neill  
Archbishop of Regina.



## To the Graduating Class of 1960

On behalf of the medical staff of your hospital, I would like to congratulate you on this, your graduation. You have spent three years to reach a goal, which I feel is one of the noblest a girl can attain--the privilege to care for the sick. Your training in the Grey Nuns Hospital has given you the tools--how you use them will determine whether you are a nurse. There is no compensation which a nurse can receive, that is better than the praise of a grateful patient. To obtain this, your first and only thought must be the comfort and care of your patient. My wish for each of you, is that you may be a good nurse, and a credit to your school.

L. A. Cawsey  
President-Medical Staff





Your sojourn with us is coming to its close. Your period here has been mingled with joy, study, work, happiness and sometimes heartache. Yet as you leave you know all is well, you are reaping the reward of your effort. Your year of graduation has a significant mark--it is the year of Blessed Marguerite d'Youville's beatification. Look to her for guidance and you will find in her the manifestation and exemplification of charity.

My message then dear graduates is: "Give and it shall be given to you. For with what measure you measure, it shall be measured to you."

Sister Alice Brodeur s.g.m.

Dear Graduates of 1960.

It is with sincere sentiments of joy and legitimate pride that I congratulate you on your successful training period.

Your study, observation and research have perfected the techniques of your work and enriched your personality. Your nursing foundation has been laid and now it is time for action. Go forth with enthusiasm and take your place among the elite of your profession.

The Sisters, your teachers are counting on your dedication to your profession, your ability, and your spirit of love.

All rays have their source--let yours be from your great love of God and suffering humanity.

May our Blessed Foundress, Marguerite d'Youville, be an inspiration to each of you and may she instill in your heart her great love for the sick and the needy.

May God Bless you all.

Sister Ritha Fortier s.g.m.  
Sister Superior



Dear Nurses:

Whether you wear a religious habit or a uniform, the general consensus is that you are one of the most valuable members of society. No wonder, for nursing means willingness to forget yourself for your neighbor's sake. The three years of training have proven that this willingness was not a mere natural disposition, but a real-will to make sacrifices. You perform "the over and above" on which human society lives. Where the scales of human morality would be tipped by malice or injustice there goodness and charity keep it balanced.

I wish you happiness in the years to come.

H. Bosma  
Chaplain



Dear Graduates:

There is nothing dearer to mankind than the body that houses the immortal soul. We try by every means to keep the body a fitting habitation for the soul. When disease attacks our bodies we use every effort to repair its damaged parts. Sometimes the struggle becomes too difficult for us to bear. We must call the service of others.

This service to mankind is your vocation-based upon two foundations - skill and love. Skill is necessary. But science is empty and useless unless there be added in large and generous doses true and sincere love for the sick. This love must be that of the Good Samaritan - the love of Christ.

May you carry this love of Christ to those under your care, bringing them peace and conservation, not only of body, but of soul.

Father Norman A. Andries  
Retreat Master





**Dr. G.E. SINCLAIR**  
MEDICINE



**Dr. J.B. MESBUR**  
MEDICINE



**Dr. J.G. CHATWIN**  
MEDICINE



**Dr. L.A. CAWSEY**  
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**Dr. W. KLASSEN**  
MEDICINE



**Dr. W. MacDOUGALL**  
MEDICINE



**Dr. G. COMRIE**  
MEDICINE



**Dr. R.T. HOSIE**  
SURGERY



**Dr. E.L. MUTTIT**  
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**Dr. G. JOHNSTONE**  
SURGERY



**Dr. G.M. MALONE**  
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**Dr. F.J. GORMAN**  
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OTORHINOLARYNGOLOGY



**Dr. J. LAIDLAW**  
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**Dr. LAZARUS**  
OBSTETRICS



**Dr. F. MUNKLEY**  
GYNECOLOGY



**Dr. T. BLACK**  
GYNECOLOGY



**Dr. ALBERTSON**  
NEUROSURGERY



**Dr. L. HANNA**  
FIRST AID



BACK ROW, Left to Right: Miss Dureault, Miss Neu-  
field, Miss McKenna, Miss Chelak, Miss Nimegeers.  
FRONT ROW: Miss Kuntz, Miss Henning, Mrs. Metz,  
Mrs. Heffernan.



Mrs. O'Shaughnessy

## FACULTY



Sister Gaudette





FRONT: Sister A. Baulet, Sister A. Gaudette, Sister M. Mongrain, Sister Rita Fortier Superior, Sister B. D'Avignon, Sister St. Placid, Sister M. Caron.

STANDING: Sister R. Bechard, Sister H. Bellec, Sister A. Lachance, Sister J. Drouin, Sister R. Duret, Sister E. Bordeleau, Sister C. Jeannotte, Sister M. Dondo, Sister E. Choquette, Sister C. Haineault, Sister C. Gautheir, Sister I. Bilodeau, Sister A. Hopcraft, Sister St. Irene, Sister L. Bredette.



## Our Sisters



# "Graduates"







MORINNE MORE

"Her heart is an ocean strong and deep,  
That one may launch their all on its  
tide."

Regina, Sask.

JOLENE NASH

"You have looked for the best in others,  
And have given others the best in you."

Estevan, Sask.



MERYLE NICHOLSON

"Be honest, kindly, simple, true;  
Seek good in everything you do."

Morse, Sask.

DONNAMAE PARKINSON

"The glow of kindly heart and the grasp  
of a friendly hand."

Estevan, Sask.

WINONA SCHICK

"She has a way to chase despair,  
To heal all grief, to cure and care."

Yorkton, Sask.

JANE HORNING

"Some work to do, someone to care for,  
Something to hope for,  
Are what makes happiness in life."

Nokomis, Sask.



THELMA LE CAINE

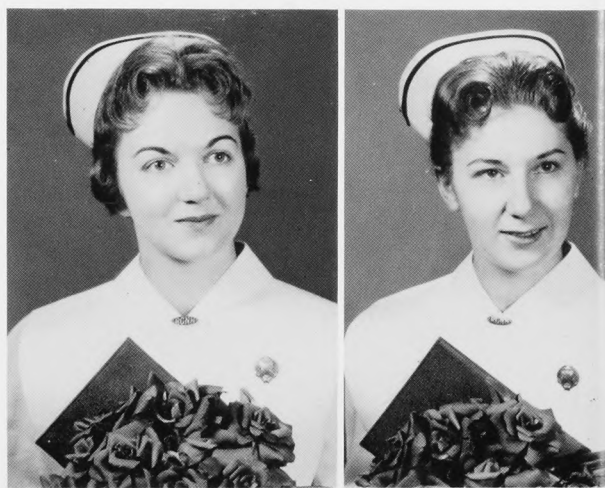
"True glory lies in noble deeds."

Moose Jaw, Sask.

CONSTANCE GRZECH

"Here is a girl who is full of fun,  
But not until her work is done."

Glenavon, Sask.



DONNA JAMIESON

"To be merry best becomes you; For out of  
question you were born on a merry day."

Regina, Sask.

ALICE HOREAK

"A little nonsense now and then,  
Is realized by the best of men."

Edmonton, Alberta.



NOEL DAVIS

"Life is made up of little things, in which  
smiles and kindness are what win and  
preserve the heart."

Govan, Sask.

MARGARET WILDEMANN

"No endeavour is in vain; its reward is in  
the doing."

LeRoy, Sask.



LEONA THERENS

"Maid of wisdom and of fun,  
Forever neat and bright as the sun."

Meyronne, Sask.

BEVERLY BRYAN

"What is worth doing, is worth doing well."

Tonkin, Sask.



MARIE LUCAS

"Keep the world brightly lit  
With the sunbeams of your smile."

Regina, Sask.

KATHLEEN BALAZS

"It's doing your job the best you can,  
And being just to your fellow man."

Morse, Sask.





MARLENE KEMP

"It is neither wealth or splendor, but  
tranquility and occupation which gives  
you happiness."

Weburn, Sask.

HELEN NEW

"The wisest words she often speaks,  
The rest she leaves unspoken."

Tyvan, Sask.



CECILE RODRIGUE

"Oh, if I could give  
A second luster to some tear dimmed eye  
One throb of comfort to an aching heart."

Willow Bunch, Sask.

SHIRLEY NIMEGEER

"Her ways are ways of pleasantness and  
all her paths are peace."

Halbrite, Sask.

HELEN PRYCE

"It's serving and striving through  
strain and stress;  
It's doing your noblest--that's  
success."

Wawota, Sask.

VICTORIA LA FRENTZ

"Never worries when things go wrong,  
Always can stop and sing a song."

Halbrite, Sask.



MYRNA EVEREST

"You have written your name with love  
and kindness  
On the hearts of those about you."

Yorkton, Sask.

ELOISE HUMBERT

"Of manners gentle, of affections mild,  
In wit a man, simplicity a child."

Rowatt, Sask.



IDA MAE CARRIERE

"That in a world of aching hearts, let  
least, I may be kind."

Estevan, Sask.

EVA MULOIN

"The world awaits her bouncing step."

Lampman, Sask.



GAIL MC KINNON

"A little wit and humor  
Mixed up with laughter and fun,  
Not forgetting the smiles and kindness  
She has for everyone."

LORRAINE ELLERT

Grenfell, Sask.

"I expect to pass through this world but  
once, therefore any good that I can do  
Let me do it now."

Assiniboia, Sask.



ELAINE BURRELL

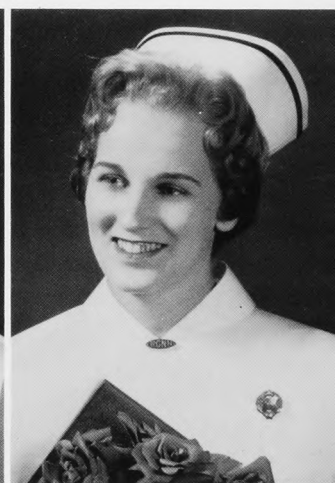
"What her heart thinks her tongue speaks."

Ponteix, Sask.

DENISE BOURGEOIS

"Always speak happiness; others have  
troubles enough of their own."

Gravelbourg, Sask.



EVELYN BALL

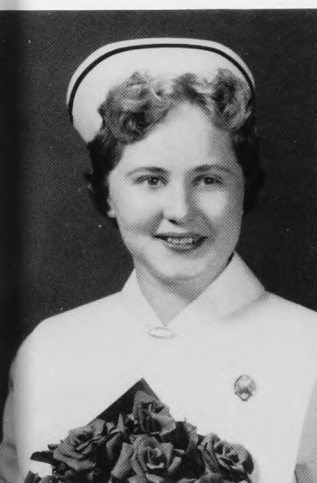
"Whole hearted, happy, careless, free,  
She lives her life out joyously."

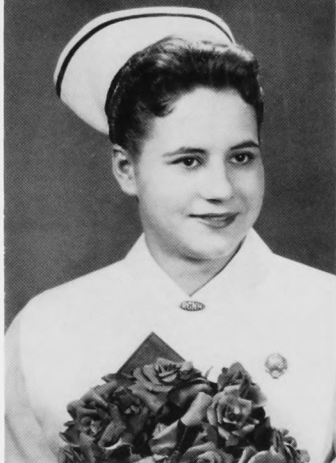
Dilke, Sask.

BEVERLEY LE BERGE

"Happiness--the natural flower of duty."

Mazenod, Sask.





ELLA FOX

"A flash well filled with joy, A word of cheer, a helping hand, Some good to give or share."

Kisbey, Sask.

SHARON SCHUSTER

"Make the most of all that comes, The best of all that goes."

Dysart, Sask



MARIAN KOLTUN

"Tis loving and smiling, forgetting to frown,  
Oh this is the way to womanhood town."

Craik, Sask.

JEAN MAY

"A little word in kindness spoken, a motion or a tear,  
Has often healed the heart that's broken,  
And made a friend sincere."

Bienfait, Sask.

DOROTHY WINGERT

"She is active stirring all fire,  
Cannot rest, cannot tire."

Parry, Sask.

MELVINA CREUSOT

"For she was made for happy thoughts, for playful wit and laughter."

Radville, Sask.



PHYLLIS GREEN

"Fun and frolic all the while  
Winning friends with a happy smile."

Manor, Sask.

MARIE RODDY

"A merry heart doeth good like medicine."

Truax, Sask.





CAROL WHITBY

"Large is her bounty  
And her soul sincere."

Assiniboia, Sask.

JOANNE SARVIS

"When a task is once begun  
Never leaves it till it's done,  
Be the labor great or small,  
Does it well or not at all."

Moosomin, Sask.



LOUISE DAME

"Merriment is a philosophy, not well  
understood.  
It is the sunny side of existence."

Goodwater, Sask.

MARION PEAKMAN

"Make the most of yourself,  
For that is all there is of you."

Regina, Sask.

IRIS EVANS

"I will share with thee my sorrows  
And thou thy joys with me."

Bienfait, Sask.

GRACE KARAKACHUK

"Bright the friendship of thine eyes."

Wishart, Sask.



MEREDITH MC VEIGH

"God grant me the serenity to accept the  
things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference."

Regina, Sask.

DIANNE MARSH

"It's nice to be natural when one is  
naturally nice."

Regina, Sask.



CLAUDETTE VERBEKE

"Mirth is like a flash of lightning,  
It breaks through a gloom of clouds."

Lafleche, Sask.

ANN BAILLOD

"For laughter, wit and stories tall,  
This one ranks above us all."

Windthorst, Sask.

LAVINA SCHISSLER

"God gave you the rarest gift,  
An understanding heart."

Vanguard, Sask.

SHARON LOFGREN

"Life is not a goblet to be drained;  
But a measure to be filled."

Strasbourg, Sask.



ROSE PISCH

"Have more than thou showest,  
Speak less that thou knowest."

Regina, Sask.

JACQUELINE JOHNSON

"As welcome as sunshine in every place  
Is the beaming approach of a friendly face."

Moosomin, Sask.



MURIEL BENDER

"Great thoughts, great feelings,  
Come to her like instincts unaware."

Assiniboia, Sask.

MARGUERITE FAFARD

"Like an unbodied joy whose race has  
just begun."

Stoughton, Sask.



JANE KMITA

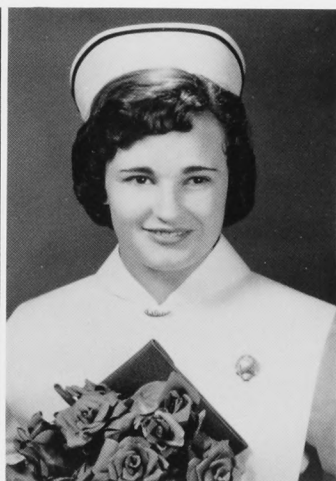
"With me a change of trouble is like a vacation."

Regina, Sask.

MARIAN WILSON

"Deeds, not words, shall speak for me."

Wapella, Sask.



BETTY LOU LORETH

"The kind I would like to see  
If sorrow and trouble come to me."

Saskatoon, Sask.

MOLLY MARSHALL

"Full well she laughed with counterfeited  
glee  
At all the jokes; for many a joke had she."

Weyburn, Sask.



CLAUDIA DUPMEIER

"Full of vim, vigour, and vitality,  
Giving us a most charming personality."

Regina, Sask.

MARIE BUNNAH

"Good humor makes all things tolerable."

LacVert, Sask.



SHARON CHORNOMYDZ

"A quiet voice, a quick smile  
And she has passed by."

Kamsack, Sask.

DONNA FLETCHER

"Small in quantity, big in quality."

Weyburn, Sask.





DOLORES SCHNEIDER

"In thy right hand carry gentle peace,  
And in thy left, the happy gift of laughter."

Hirsch, Sask.

MARGARETTE SKILNICK

"The reason firm, the temperate will,  
Endurance, foresight, strength and  
skill."

Yorkton, Sask.



LORNA YURKIW

"You are not what you think you are,  
But what you think, are you."

Mikado, Sask.

ELSIE STOCKI

"With gentle yet prevailing force  
Intent upon her destined course."

Tarnopol, Sask.

CAROL MC KENZIE

"Sing away sorrow--and cast away care."

Regina, Sask.

ETHEL JOHNSEN

"Noble deeds that are concealed are most  
esteemed."

Archerwill, Sask.



JULIETTE BEAUREGARD

"Oh, could you view the melody of every  
grace and music of her face."

Scout Lake, Sask.

CORYNE ROGALSKI

"Its the little people strong as steel,  
Who keep this world on an even keel."

Killaly, Sask.



JANE REMPEL

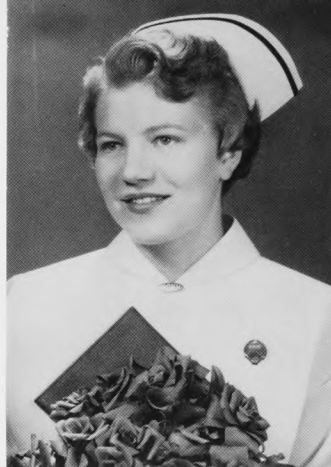
"The things are few she would not do in  
friendships name."

Beaver Flat, Sask.

JOAN SANGSTER

"Strong in will to strive, to seek,  
To find, and not to yield."

Mankota, Sask.



CAROLE PARKER

"She has the eyes that speak  
Though the tongue be silent."

Simpson, Sask.

GRACE REID

"Her laugh would gladden any heart  
that heard it,  
So gay, so free and warm."

Regina, Sask.



VERA WOOLSEY

"Serene will be her days  
And bright and cheerful her nature."

Pleasantdale, Sask.

JOANNE WILSON

"Nothing great was ever achieved without  
enthusiasm."

Climax, Sask.



SHARON CONNAUGHTY

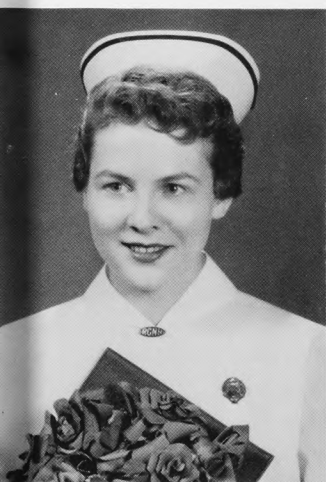
"Take time to work, it is the price of  
success;  
Take time to think, it is the source  
of power."

Stonehenge, Sask.

JANICE NYBO

"A man in earnest finds means  
--Or, if he cannot find, creates them."

Swift Current, Sask.





HELEN FREY

"Those thousand decencies that daily flow from all her words and actions."

Kronau, Sask.



ZANE KOZOWY

"The only way to have a friend  
Is to be one."

Osage, Sask.



IVADELL BROWN

"She will meet with success,  
Unexpected in common hours."

Disley, Sask.

## A Letter To Mom and Dad

Dear Mom and Dad,

Tonight I have been thinking over the past three years and I could think of no better way to express my gratitude for all you have been to me, than to write this letter.

How much you have meant to me, and how I have grown to realize the sacrifices you have made for me! You were always there with encouraging words and a helping hand and I knew I could always turn to you when in doubt and desparity.

Tomorrow is graduation day and you will be out there in the crowd, letting me take all the glory, when you should be up there with me as it is you who deserve most of the credit for this moment.

It seems like only yesterday when I took that first big step. I remember the empty feeling I had when I felt the door close behind me as I entered the first phase of training, but I went forth with confidence as I knew you were beside me to guide me, to give me the support I needed so much. At each new challenge your words would echo in my mind and give me the strength to accept the challenge and conquer it.

At capping you were there as I was officially accepted into the training school, as I went up the first rung of the ladder.

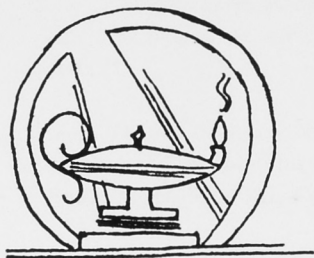
The second and third years have slipped by so quickly. I'm sure you never knew what to expect - first a letter of woe and despondency, then one of excitement and--I think it was you, dad who suffered the most--your pocketbook anyway. How you would laugh when I came home and related my many blunders! But you were always there sharing my moods and sympathizing--sometimes scolding, but ever ready to lend a helping hand.

I sincerely hope I have justified your pride in me, and in the future continue to live up to the standards you have set for me and encouraged me to follow.

Thank you, mom and dad, a small word to express the deep appreciation I have for your constant faith, guidance, and assistance. I can only thank God for having two wonderful parents like you.

Your loving daughter.





# Special Awards

## HONORARY PRIZES

General Proficiency

Miss Leona Therens

Executive Ability

Miss Meredith J. McVeigh

Highest Standing in Theory

Miss Myrna A. Everest  
Miss Sharon E. Lofgren

Bedside Nursing

Miss Winona H. Schick  
Miss Claudette L. Verbeke

Applied Ethics

Miss Claudia A. Dupmeier

Obstetrical Nursing

Miss Jean V. May

Pediatric Nursing

Miss Beverly R. Bryan

Operating Room Technique

Miss Thelma A. LeCaine  
Miss Marian V.E. Koltun

Urology

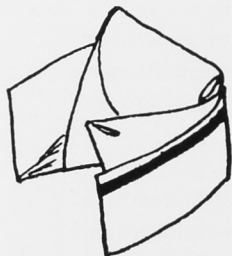
Miss Kathleen M. Balazs

Surgical Nursing

Miss B. Joan Sangster

Devotion to Duty

Miss Sharon M. Connaughty





HELEN FREY

"Those thousand decencies that daily flow from all her words and actions."

Kronau, Sask.



ZANE KOZOWY

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Is to be one."

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Tomorrow is graduation day and you will be out there in the crowd, letting me take all the glory, when you should be up there with me as it is you who deserve most of the credit for this moment.

It seems like only yesterday when I took that first big step. I remember the empty feeling I had when I felt the door close behind me as I entered the first phase of training, but I went forth with confidence as I knew you were beside me to guide me, to give me the support I needed so much. At each new challenge your words would echo in my mind and give me the strength to accept the challenge and conquer it.

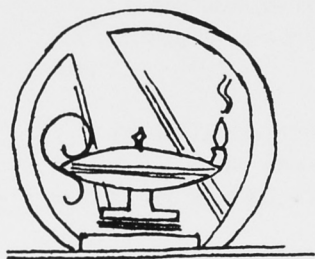
At capping you were there as I was officially accepted into the training school, as I went up the first rung of the ladder.

The second and third years have slipped by so quickly. I'm sure you never knew what to expect - first a letter of woe and despondency, then one of excitement and - I think it was you, dad who suffered the most - your pocketbook anyway. How you would laugh when I came home and related my many blunders! But you were always there sharing my moods and sympathizing - sometimes scolding, but ever ready to lend a helping hand.

I sincerely hope I have justified your pride in me, and in the future continue to live up to the standards you have set for me and encouraged me to follow.

Thank you, mom and dad, a small word to express the deep appreciation I have for your constant faith, guidance, and assistance. I can only thank God for having two wonderful parents like you.

Your loving daughter.



# Special Awards

## HONORARY PRIZES

General Proficiency

Miss Leona Therens

Executive Ability

Miss Meredith J. McVeigh

Highest Standing in Theory

Miss Myrna A. Everest  
Miss Sharon E. Lofgren

Bedside Nursing

Miss Winona H. Schick  
Miss Claudette L. Verbeke

Applied Ethics

Miss Claudia A. Dupmeier

Obstetrical Nursing

Miss Jean V. May

Pediatric Nursing

Miss Beverly R. Bryan

Operating Room Technique

Miss Thelma A. LeCaine  
Miss Marian V.E. Koltun

Urology

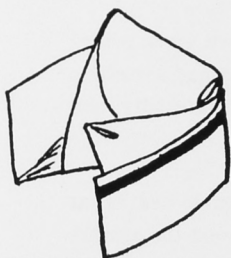
Miss Kathleen M. Balazs

Surgical Nursing

Miss B. Joan Sangster

Devotion to Duty

Miss Sharon M. Connaughty





# Valedictory 1960



Year after year, enthusiastic, misty-eyed nurses, eagerly awaiting the coveted black band, are surrounded by friends, flowers, songs and promises, as they stand on the threshold of the unknown future. And so it is tonight, on this our Graduation day, that 83 "Daughters in White", their hearts overflowing with happiness pause for their "hour of glory".

"There is a destiny that makes us brothers,  
None goes his way alone.  
All we send into the lives of others  
Comes back into our own."

On arrival at R.G.N.H. we timidly opened the "gate" to the nursing profession, presently we are welcomed into the "blessed field of healing arts". Many the time we have said, "Why did I want to become a nurse?" We grew a little older, and a little wiser, we were unable to answer other than "There is a Providence that shapes our lives." Tonight we stand here, our faces revealing our inner emotions, we've realized that being a nurse means more than a black band and a white uniform. It is a bitter sweet career of self-devotedness, success and spiritual growth. There are sad, sometimes frightening aspects--the sight and smell of disease and death; the little differences that must arise between nurse and patient, nurse and doctor, nurse and nurse; the hopeless feeling of knowing sometimes you can only prolong a precious life for awhile, not assist in the complete restoration of health. A nurse comes in contact with pain, sickness, sorrow and accidents of man and nature. Her obligation requires that she do what she can, to bring about a happy ending to the ills of her patients. She gets satisfaction when she can honestly say to herself, "I was of service in this".

Fellow Graduates, it has been said, "Nurses, the world is in great need of you!" What have we to offer? The answer, "The hands to serve, the heart to care, and the will to learn," depends on each and everyone of us. In our world today, there is so much to do, and so little time to do it. A nurse affects eternity, she can never tell where her influence stops.

Just as the cycle of seasons sends forth, in its time, summer, fall, winter and spring, so 83 hearts, at this moment, portray their "seasoned" emotions: joy, fear, sadness and thanksgiving. Joy--at the attainment of the long awaited goal of a Graduate Nurse. Fear--of the unforeseen future that we face to-morrow. Sadness-- at the thought of leaving behind our Alma Mater and our friends therein, and Thanksgiving to all who have made our dream a reality.

"If you have glory, let others light their candles at it." Tonight is not ours alone, tonight belongs to you who helped us struggle up the path where we were able to light our lamps from the "light that never fails."

To the Divine Physician, we utter a prayer of thanks for the favors bestowed upon us, with the hope for His aid in the future that we may always be what He wants us to be, keeping in mind the words of Holy Father Pope Pius XII, "Always be more, always be better than what you intend to be".

To Father Bosma, our Hospital Chaplain, with his friendly smile and words of comfort, we offer our gratitude.

A bouquet to you, dear Sisters, for the untiring example you set before us. "Charity toward all, malice toward none" was personified as you constantly sowed kindness, strength and hope in the lives of both the patient and the nurse.

To Sister Brodeur, our sincere appreciation. We promise to try always to live by the principles you have taught.

A special thanks to the faculty and doctors, for it is through your patience and tolerance that the skills and knowledge of the medical sciences were instilled in us.

Nearer and dearer, we find Mom and Dad. Words cannot express our gratitude for your love, and inspiration, your sympathy and understanding. Thank you for being there whenever we needed you.

A feeling of sadness comes over us when we think of bidding farewell to our Alma Mater. The memories of the Grey Nun' will live in our hearts forever.

To the undergraduates, we say "Au revoir" and leave you with the thought, "Give the world the best you have and the best will come back to you." Remember, keep smiling. A smile is laughter's whisper and has its roots in the soul. The decision you once made to be a nurse proves its value only when you live up to what you have chosen. In the words of Blessed Marguerite d'Youville, Foundress of the Grey Nuns', "When I say a prayer, it is God who aids me. When I assist my neighbor, it is I who aid God."

Dear Classmates, we near the end of a Perfect Day. We have not toiled in vain, when our reward from above is certified in God's words, "Whatsoever you did to the least of my brethren, you did it unto me."

L. Therens

Valedictorian

# Our Chapel





# *Florence Nightingale*

## *Pledge For Nurses.*

*I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully.*

*I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.*

*I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling.*

*With loyalty will I endeavour to aid the physician in his work, and devote myself to the welfare of those committed to my care.*



# NUTRITION EXAM

Give one example of each of the following

- Stimulating beverage hot tea
- Acid beverage ginger ale
- Cereal dessert custard pudding
- Root vegetable potatoes, carrots
- Strong flavored vegetable onion
- Variety meat sweetbread

2. Fill in the blank:

One tablespoon equals 3 Teaspoons

One cup equals 8 ounces.

The stimulant found in coffee is caffeine

The best single food is milk

Use hot water for rinsing pans

Heat milk to 162 degrees F. for  
is called pasteurization

Name three uses of eggs:

1. Used as a thickener
2. Used for a leavening agent
3. Used as a dressing

4. Give four characteristics of

1. Salad should
2. Should be simple
3. Dressing should
4. Dressing should

"Undergraduates"



# Intermediates



BACK ROW, Left to Right: M. Hardy, B. Connell, E. Roll, K. Ketcheson, M. Lawrick, A. Steil, S. McGarry, M. Pugh, M. Krause, H. Slusar, E. Roebuck, J. Tomlinson, J. Howe, J. Lemay, D. Inches, L. Dolan, M. Messer, J. McDonald, J. Bily, E. Bailey, D. Duczeck. SECOND ROW: L. Rutledge, A. Cochran, J. Bergum, J. Davis, M. Kerr, E. Jeffers, M. Bain, K. Schmidt, F. Stirton, L. Tucker, L. McKinnon, J. Bywater, S. Pinsonneault, K. Zimbaluk, S. Lemieux, V. Anderson, L. Wills, M. Klinger, M. Marchand. THIRD ROW: B. Zylyk, P. Winnitowy, C. Carnall, S. Lasby, M. Theil, I. Jordens, S. Magee, R. King, B. Bechard, M. Parker, F. Lussier, J. Goski, A. Simchak, B. Unruh, N. Obuck, L. Mercier, Y. Lacelle, I. Benko. FRONT ROW: H. Weber, L. Fournier, S. Hopcraft, S. Lyonais, G. Gillanders, E. Troendle. NOT PRESENT: M. Cameron, J. Hitcherick, R. Lanowski, L. Lalonde, M. Douhaniuk, N. Bakke, Y. Delorme, R. Duncan, J. Kapiczowski, V. Lefevre.

## CLASS OFFICERS

President . . . . . M. Cameron

Vice-President . . . . . J. Bywater

Secretary-Treasurer . . . . . S. Lyonais

# Intermediates

- SR. MARIE DU ST.ESPIRIT--"To do my duty is that state of life unto which it shall please God to call me."
- ST. PASCALIE--"They serve God well, who serve his creatures."
- V. ANDERSON--"A bit of joy, some devilment, these things make her content."
- E. BAILEY--"Diamonds are a girl's best friends."
- M. BAIN--"A cheerful smile and a brilliant mind, a better friend you'll never find."
- N. BAKKE--"She is of the quiet kind whose nature never varies."
- B. BECHARD--"For nature made her what she is and never made another."
- I. BENKO--"Great men are dying every day. I feel sick."
- J. BERGUM--"Not over serious, not over gay, a real nice girl in her quiet way."
- J. BILY--"A bubbling ambition in her mind, she's not the one to be left behind."
- J. BYWATER--"Makes everybody happy with her contagious smile."
- M. CAMERON--"The door to success is labelled "Push."
- C. CARNALL--"Oh, for a phone of my own."
- A. COCHRAN--"Quiet at times, but those times are yet to come."
- J. DAVIS--"Eenies, meanies, minies, and moes, Davis is always on her toes."
- Y. DELORME--"When she gives, she gives herself."
- L. DOLAN--"The size doesn't account for what a person can do, Napoleon was only five foot two."
- M. DOUHANIUK--"We build the ladder by which we climb."
- D. DUCZEK--"A tender heart, a loyal mind, yet never will an error find."
- R. DUNCAN--"She is active stirring all fire, cannot rest, cannot tire."
- L. FOURNIER--"Mickey Mantle with a sewing machine in one hand and a bedpan in the other."
- G. GILLANDERS--"The lady who has grit enough to buffer fate, and chuckles a plenty to spare."
- J. GOSKI--"One of our quieter inmates."
- M. HARDY--"Has a secret ambition to sing "Aida" at the Met instead of the Misery."
- G. HARROD--"When in Rome do as the Romans do."
- J. HITCHERICK--"Speak little, do much."
- S. HOPCRAFT--"Her eyes look innocent, but we know different."
- J. HOWE--"The elevator to success is broken,--take the stairs."
- D. INCHES--"Still doesn't know why she can't have two mail boxes for all her letters and parcels."
- U. JEFFERS--"Push, pull or get out of the way."
- I. JORDENS--"Doesn't say too much--wonder what she's thinking of?"
- J. KAPICZOWSKI--"Grant us the knowledge to know what is right and the courage enough to do it."
- M. KERR--"Every room has a goon, for all the nuts aren't in the fruit cake."
- J. KETCHESON--"Vim, vigor and vitality, topped with a sprinkle of freckles."
- R. KING--"After the clouds the sunshine."
- M. KLINGER--"Friends, Romans, R.C.M.P., lend me your men."
- M. KRAUSE--"Move ever onward, halting never, reaching, reaching, for your treasure."
- Y. LACELLE--"A prime little elf, with a dazzling smile. Takes one step and thinks awhile."
- L. LALONDE--"She's not as quiet as she seems to be."
- R. LANOWSKI--"Laugh and we'll laugh with you, but you pay the penalty."
- S. LASBY--"My mind is made up--don't confuse it with facts."
- M. LAWRICK--"Helpful in anybody's time of need."
- V. LEFEBVRE--"A real "pixie" with a ready smile."
- J. LEMAY--"Something wants me on the telephone, where am I?"
- S. LEMIEUX--"Tall, slim, cute and neat, for fun and laughs, she can't be beat."
- F. LUSSIER--"A personality as sincere as her accent is genuine."
- S. LYONNAIS--"A cheerful work and a winning smile, now here's a girl who is really worth while."
- S. MAGEE--"She's as good as the best of us and bad as the rest of us."
- M. MESSER--"The girl whose buzzer is always ringing, and whose private store abounds in dates."
- M. MARCHAND--"With a willing hand and a heart that's true, the nursing profession needs more like you."
- L. MERCIER--"Live hard, die young, and leave a beautiful corpse."

J. MC DONALD--"A merry twinkle in her eye, foretells her disposition."  
 S. MC GARRY--"If silence were golden, she'd be a millionaire."  
 L. MC KINNON--"Seeks and talks with equal zest, it's hard to tell what she does best."  
 N. OBUCK--"Ambition enough for two people."  
 M. PARKER--"Quiet at work and at play, but thorough in every way."  
 S. PINSONNEAULT--"She's like an Arab, fond of 'dates!'"  
 M. PUGH--"I wonder if the mail is here yet, that guy better write--or else."  
 E. ROEBUCK--"Why ask me, you know I wasn't listening."  
 E. ROLL--"It's just as I thought it would be--Soft breezes, a full moon and no men."  
 L. RUTLEDGE--"Friendly, gay and full of fun, if you want a good nurse, here's the one."  
 C. SCHMIDT--"Quiet until you know her and then there's a definite change."  
 A. SIMCHAK--"Appears quiet but really is a 'Live wire.'"  
 H. SLUSAR--"I don't ask questions, I just have fun."  
 A. STEIL--"An intriguing personality and staunch devotion to her profession."  
 F. STIRTON--"A downright neighborly one with never a word out of place."  
 M. THIEL--"One of the more quiet, saner student nurses."  
 J. TOMLINSON--"Cheerful, thoughtful, dependable, gay, a good classmate in every way."  
 E. TROENDLE--"Takes as avid interest in all her subjects."  
 L. TUCKER--"Bed making is nothing new to this girl."  
 B. UNRUH--"Anyone who talks by the yard, thinks by the inch ought to be moved by the foot."  
 H. WEBER--"True to her work, her words, her friends."  
 L. WILLS--"I've got brains, but I'm saving them."  
 P. WINNITOWY--"Don't roll those blood shot eyes at me, baby!!"  
 K. ZIMBALUK--"An angel with rusty wings and a rusty halo!"  
 B. ZYLYK--"Determination and hard work will win you your goal."

As you practice your profession may your prayer be that of St. Francis of Assisi:

"Lord make us an instrument of peace.

Where there is hatred--may we sow love.

Where there is injury--may we pardon.

Where there is doubt--may we have faith.

Where there is despair--may we have hope.

Where there is sadness--may we bring joy."



# Preliminaries



FRONT ROW, Left to Right: Jocelyne Bechard, Arlie Olmsted, Joyce Leflar, Valorie Wysosky, Sister Alphonsus, Audrey Sinclair, Barbara Lloyd, Doreen Malach, Donna Thompson, Irene Evan-ochko. SECOND ROW: Cleone Schuster, Shirley Dawson, Dolores Devrome, Phyllis Ford, Joan Gables, Florence Chowaniec, Katherine Rogoschewsky, Darlene Macknak, Lillian Majkut, Judy Johnsen, Jeane Halladay, Joan Everest, Donna McDonald, Diane Culling, Elaine Ulmer, Eileen Pander, Nellie Bross, Enid Purdon, Marilyn Achter. THIRD ROW: Ann Toupin, Aurora Thorsteinson, Yvette Gauthier, Josephine Smith, Donnaline Machmer, Jackie Elliott, Rae Waind, Mary Ellen Darbellay, Margaret Surridge, Gwen Miller, Sharon McCall, Lynn Minard, Holdina Geister, Marilyn Wagner, Jean Reid, Margaret Bell, Betty Rump, Margaret Schafer, Joan Kerr, Geraldine Gramm, Doreen Weikum. FOURTH ROW: Sharon Jones, Iris Brown, Karen Dunnett, Aleda Loveless, Edith Leigh, Eunice Mrazek, Rose Marie Oancia, Erna Bernstein, Marie Aeck, Madeline Hartnell, Lorna Barker, Elfreida Wilms, Colette Beaudin, Brenda McCormick, Florence Hay, Doreen Hawkins, Arlene Benjamin, Pat McCarthy, Janet McDougall, Jean Power. FIFTH ROW: Vicky Antonini, Gay Craven, Shirley Ball, Jeanette Peter, Jeanette Funke, Joanne Peart, Myrna Weber, Shirley Reitenbach, Judy Barr, Jackie Stutt, Deanne Haubrich, Kathy Perras, Rose Marie Nogue, Eva Creusot, Helen Inkson, Pauline Fafard, Joanne Egland, Judy Duttonhoffer, Mary Shea, Mona Yakubowich, Jeanette Piermantier, Marilyn Adams, Sheila McIntosh.

## CLASS OFFICERS

President . . . . . M. Darbellay

Vice-President . . . . . M. Hartnell

# Preliminaries

Sister Alphonsus - "Boy, I sure showed them I have a talent or two."  
Marilyn Adams - A pint sized "Adam" bomb.  
Victoria Antonini - "I sit so close to the teacher that she can't see what I'm doing."  
Marie Aeck - "Little" Angel of Mercy.  
Shirley Ball - The sparkle in her eye will soon match a sparkle on her hand.  
Lorna Barker - "Please be quiet, I'm trying to study."  
Judith Barr - "Study period over? I guess I must have dozed off."  
Colette Beaudin - "Oh farmer! Why worry?"  
Jocelyne Bechard - "Well this ones different, he's a m-o-u-n-t-i-e."  
Margaret Bell - "I could compete with Bing Crosby any day - in singing that is."  
Arlene Benjamin - "Worry not - I've done my best - if I pass I'll accept it."  
Erna Bernstein - "Hey, Erna! What does my future hold?"  
Nellie Bross - Love those blind dates!  
Iris Brown - "Final or no final, how can I study-HE just phoned."  
Florence Chowaniec - "Never thought I'd be so happy to see a sixty on my exam paper."  
Gay Craven - "You guys, I got a letter."  
Eva Creusot - "Just wait till I get home, I'll make sure Radville knows I'm back."  
Diane Culling - "Hey you guys, Dick is here."  
Mary Ellen Darbellay - Has plenty of "home" worries besides being president of our class.  
Shirley Dawson - "Oh, Marilyn close that window."  
Dolores Devrome - Dody for short but not for long.  
Karen Dunnett - "Ten to eight - I guess its time to get up."  
Judith Duttonhoffer - Our sleepy time gal.  
Joanne Egland - Had an interesting hobby of collecting bottles! "What happened Joanne?"  
Jacqueline Elliott - "I just love hockey players."  
Irene Evanochko - "One of these days Pat, Pow right on the antenna."  
Joan Everest - "Annabelle, let's go eat."  
Pauline Fafard - "Joc, what are we doing this weekend?"  
Phyllis Ford - The red stop light of second floor.  
Jeanette Funke - "I might as well give up my room for a meeting place instead of a bedroom."  
Joan Gables - "LA3 9774, that's the key to happiness."  
Yvette Gauthier - French teacher of our class who teaches pretty interesting french phrases, aye Gables?  
Holdina Geister - "Elaine, I might as well be your cleaning lady instead of your roommate."  
Geraldine Gramm - "We're in the army now."  
Jeanne Halladay - They say she's quiet, but who skins her ankles, knees and hands, and who's in a 'cast?  
Madeline Hartnell - We feel Mad is always looking down on us.  
Deanna Haubrick - What Larry doesn't know won't hurt him.  
Florence Hay - Stay up all night if there's an exam and take Miss McKenna's vitamin pills!  
Doreen Hokins - "I'll never talk to you again Flourine."  
Helen Inkson - "Ituna, here I come."  
Judy Johnson - "What? ----Oh, you guys."  
Phyllis Kerr - "Well, what do you know about that!"  
Joyce Leflar - The sparkle on her finger doesn't help her temper unless he comes down for a few days.  
Edith Leigh - There's a hidden Jack in the box in her-stand-aside-when it comes out.  
Barbara Lloyd - I'm not shy, check the blush pressure.  
Aleda Loveless - "Oh for good old summer days when you sleep till noon!"  
Donnaline Machmer - "Hold the elevator, I'm coming!"  
Darlene Macknak - "HmMMM - I like!!!"

Lillian Majkut - Where is Majkut every Friday and Thursday night?

Gwen Miller - "Oh! you sausage!"

Lynn Minard - "I'm from Weyburn, can't you tell?"

Eunice Mrazek - "Darlene come on, today's Saturday night, let's make use of our 12 o' clock."

Sharon McCall - Third floor won't sell her, they'll give her away.

Patricia McCarthy - "Who are we going to throw in the tub tonight?"

Brenda McCormick - "Well McCarthy, you finally decided to come back to class."

Donna McDonald - "You should hear the gossip back home."

Janet McDougall - "You kids, that mountie is only a FRIEND from home."

Sheila McIntosh - "What would mother say if she only knew?"

Rose Marie Nogue - Witch Doctor.

Arlie Olmsted - Mirror, mirror, on the wall, I'm the smallest of us all.

Rose Marie Oancia - "McCarthy you big--No I won't say it this time since you're sick."

Eileen Pander - "Men are just my slaves."

Joanne Peart - "I always got my homework done, I think."

Kathleen Perras - The small girl with big interest - "Barracks."

Jeanette Peter - Oh those weekends in Ceylon and those letters from Lampman.

Jeanette Piermantier - "Hey, isn't today Sunday?"

Jean Power - The lady with the "High Voltage."

Enid Purdon - Can't get away from riding a bus.

Jean Reid - "Ford! Now you're talking my language, but what in the world is sleep?"

Shirley Reitenback - Commonly called "Annie get your gun."

Katherine Rogoschewsky - "No one ever understands me."

Elizabeth Rump - "Ask questions and you'll get the facts."

Margaret Schafer - 18 long stemmed roses may prove more interesting than a birthday gift in the future.

Cleone Schuster - "I got all the second floor cats on a string."

Audrey Sinclair - "It's 4 o'clock, I guess I can wake up now."

Mary Shea - Night watch man.

Josephine Smith - "I simply told him I had a previous engagement."

Jacqueline Stutt - "Anybody got any comics?"

Margaret Surridge - "Shirley, do you know where I put my key?"

Donna Thompson - Who is small, likes them when they're six feet tall.

Aurora Thorsteinson - Loves teachers and lives for weekends.

Marie Anne Toupin - Annabella doesn't believe in sitting quiet.

Elaine Ulmer - Too tired to come to class today.

Marilyn Wagner - "Oh dear, another exam, another headache."

Rae Waind - A preliminary widow since the last troop passed out. "Oh well, Alberta isn't that far, Rae."

Myrna Weber - Gets out of accidents the easy way - with a broken nose and collar bone.

Doreen Weikum - "Nothing like New Brunswick, aye "Lawnd?"

Elfrieda Wilms - "Only quarter to eight, well for a change I can go to breakfast."

Valorie Wysosky - Butch sure knows how to pick those diamonds.

Mona Yakubowich - Always pops up with a new pair of shoes since Bob has been working in a shoe store.





## THE ALUMNAE

It is my privilege and pleasure, on behalf of the Regina Grey Nuns' School of Nursing Alumnae, to congratulate the graduating class of 1960, and to welcome you to our association. General meetings are held on the second Thursday of each month at 8 p.m., in the Nurses' Residence.

Our activities include an annual banquet in October, a Christmas party, and the publication of a newsletter, four times a year. We are happy in January, to honor the

graduating class at a dance, and at graduation, to offer medals for bedside nursing and a \$200. scholarship. Once a year, pins are presented to members of the Marguerite d'Youville Club.

The Alumnae serves as a channel of communication for graduates of the School. By meeting together we strive to maintain interest in the objectives, ideals and future of the school and of the profession.

May you be faithful in attendance and be active in our meetings; may the years ahead be kind to you and be full of zestful living.

Mrs. J. Healey  
President.

## THE LADY PATRONESSES

Nursing is a sterling service which demands a true concept of Christian charity. The nurse's life though not an easy one, is a blessed one. The nurse has an enviable and consecrated mission, in that she assists in God's creation by bringing new life into the world, she offers hope to the troubled mind, she brings tranquillity and repose to the ebbing soul.

We humbly offer to the nurse our admiration, respect and gratitude. May God smile upon her.

Mrs. J. Schwann  
President





## Around Residence









# Residence Staff

## Receptionists

Mrs. Fournier  
Mrs. Fischer  
Mrs. Garnsey  
Mrs. Dixon  
Mrs. Koubeck



## MAINTENANCE STAFF

Mrs. Bartle  
Mrs. Hoffer  
Mrs. Noel  
Mrs. Gartel

## Secretary To Director of Nurses:

Our Susie.



## Seamstress

Clara Moser

## Secretary To Faculty

Mrs. Terry





"Activities"





## President's Message

As this school year, 1959-60, draws to a close, so also do our duties as members of the Students' Council.

It has been a real pleasure to work so closely with the students and once again see the co-operation and teamwork characteristic of R.G.N.H. students. This spirit of willingness to help others was confined not only to school activities but was also displayed on the wards toward fellow workers and patients alike.

To Reverend Sister Superior, Reverend Sister Brodeur--our director of nurses, Sisters, members of the faculty and graduate staff we say "thank you" for your kind understanding, guidance, and example of dedication.

To the students leaving the school, to those who stay behind, I say let us maintain the high standards set for us by our predecessors and may "We strive for that which is Noble" in thought, word, and deed.

It has been an honor and privilege for me to work with you this past year. I appreciate your confidence in my ability to carry out the duties of this office and thank you for your support. To members of the executive and student body--without your support, our efforts would have been in vain.

To the incoming council I trust God will bless you in your work.

M. McVeigh



LEFT TO RIGHT: B. Connell, J. Sangster, S. Connaughty, A. Baillod, M. Marshall, M. McVeigh, D. Marsh, J. Sarvis, M. Klinger, C. Dupmeier, M. Roddy.

# Student Council

President . . . . .	M. McVeigh
Vice-President . . . . .	M. Marshall
Secretary . . . . .	D. Marsh
Treasurer . . . . .	M. Klinger

## Social Committee

Chairman . . . . . M. Roddy

## Residence Committee

Chairman . . . . . S. Connaughty

## Library Committee

Chairman . . . . . B. Connell

## Nominations Committee

Chairman . . . . . M. Marshall

## Senior Class Officers

### Senior A.

President . . . . .	A. Baillod
Vice-President . . . . .	M. Fafard
Secretary-Treasurer . . . . .	D. Bourgeois

### Senior B.

President . . . . .	M. Wildemann
Vice-President . . . . .	S. Nimegeer
Secretary-Treasurer . . . . .	E. Humbert

## Advisory Committee

Rev. Sister A. Brodeur	-	Honorary President
Mrs. C. O'Shaughnessy	-	Student Council Advisor

# Marguerite D'Youville Club



LEFT TO RIGHT: M. Krause, M. Roddy, S. Chornomydz, S. Lofgren, J. Sangster, M. Wilson, M. Hardy, M. Skilnick, E. Burrell, J. Johnson, D. Duczek, A. Steil.

The Marguerite D'Youville Club, named after the Blessed Mother Marguerite D'Youville, is an honor association for those students of the Regina Grey Nuns School of Nursing, who have a high scholastic standing.

Our Club, whose motto is "Science through Friendship," was founded to recognize students whose classroom and ward achievements are above average and to assist other students with their studies.

To be eligible a student must have an average of 85% in preliminary period, and have good decorum in residence plus a recommendation from the clinical instructors. An average of 80% must be maintained in the junior, intermediate and senior blocks.

This year our club has grown to twelve members. Each member is recognizable by her Marguerite D'Youville pin. The alumnae association assumes the financial sponsorship of our club.

J. Sangster  
President



# Marian Society



LEFT TO RIGHT: C. Dupmeier, President; M. Marshall,  
M. Skilnick, S. Lemieux, H. Weber, D. Duczek.

"Mary-Queen of Nurses"-our Patroness. Through the Marian Society we strive to develop a love and devotion for Mary-Our Mother-and Queen of Nurses-so that, her example will be a perpetual guide.

The Dandelion is the symbol of our meetings-the roots represent the deep personal spiritual life of the members, the seeds, our apostolic purpose. The stem was named the symbol of the Educational Committee and the leaf denotes the social phase.

As the Dandelion seed calmly nestles, grows, and matures in a carefully prepared garden, so we too by making our religion a part of our everyday living, will grow and mature, preparing our way in the community as Catholic nurses.

To all who gave of your time so willingly to make the year of 1959-60 a rewarding one-our sincere appreciation. The executive hope you will make the coming year that much more successful.

To Fr. H. Bosma, our Spiritual Director, many thanks for your unfailing presence at our time of need, and your guidance throughout the year.

Also to Sister A. Brodeur and Mrs. V. Metz - our thanks for your interest, generosity, and encouragement.

We had many good evenings together with guest speakers, discussions and social programs. May you carry on the good interest and when you are in doubt or need help, go to Jesus through Mary.

"Mary Queen of Nurses-Pray for us."

Claudia Dupmeier  
President



## Cancer Clinic

For eight weeks of their training some of the students have the opportunity of working in the Allan Blair Memorial Clinic.

The first four weeks we see how radium implants, x-ray therapy, radium moulds and radio-active cobalt treatments are used in treating cancer. We also observe and assist with the various diagnostic procedures such as biopsies, direct vision of lesions with the aid of viewing instruments and obtaining various specimens for laboratory tests.

The last four weeks are spent in the new patient department where patients are admitted to the clinic for their first time. Here we also prepare them for medical examinations and assist the doctor with these examinations.

The doctors meet in conference every afternoon and with the aid of x-ray films and reports of laboratory tests discuss each individual case and carefully decide their follow-up treatment.

Never before did I realize how much was being done for the patients with cancer and how much work and research went into each individual case. I was indeed fortunate to have this experience as a part of my training.

Miss S. Connaughty.

## Vacation College

This year six students from R.G.N.H. including Melvina Creusot, Molly Marshall, Elaine Troendal, Helen Weber, M. Thiel, and M. Bunnah went to vacation college. We spent one wonderful week there from August 10th to 14th, and it is one we will never forget.

Young people from all of Saskatchewan, plus priests, seminarians and two sisters made up the group for our one week course in leadership. We had lectures in: (1) Human Relations by W. Green (2) Apostolate by Fr. W. Wadey (3) Worship by Fr. Sullivan and (4) Crisis in the Modern World by Fr. Murphy.

Every afternoon we went dashing to the beach where we spent our time at water games, beach ball and of course canoeing. Then we would hurry back to the chapel for a lecture to be followed by a sing song supper. After supper the group recited the rosary in front of the Grotto. The evening consisted of a social program conducted by our Social Instructor, Roy Ellis. Lunch was served after and then night prayers were held in the chapel. Bed was next on the program but it seemed we failed to really fall asleep until it was time to get up.

The week left us more spiritually inclined, intellectually brighter and physically exhausted. Thank you Sister Brodeur for sending us.

Miss M. Bunnah

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# Munroe Wing

I'm truly grateful that I was one of the fortunate student nurses to have the opportunity to affiliate at Munroe Wing, the Regina General Hospital, in order to receive special training in psychiatry.

Psychiatry at Monroe can not, in three months time, give the student affiliate an entire scope of the subject but it does show us that there is only a fine dividing line between somatic and mental illness.

We began a series of lectures lasting three to four hours a day, for six weeks, and the rest of the time we were on wards putting the knowledge gained from our helpful classes into practice. Of most importance is the need "to listen" to the patients "talk out" their problems.

Treatment for the patient includes modified electric and insulin therapy and a recreational program including teaching arts, crafts and group participation.

The experience of dealing with another's problems and helping them to work out their emotional difficulties has helped me develop sensitivity to, and feeling for people in trouble. Therefore, I'm sure I speak for all Munroe affiliates when stating that we returned to our respective hospitals appreciating medicine more fully, and it was with more understanding that we looked after those placed under our care.

Miss Claudette Verbeke.

## Fort San

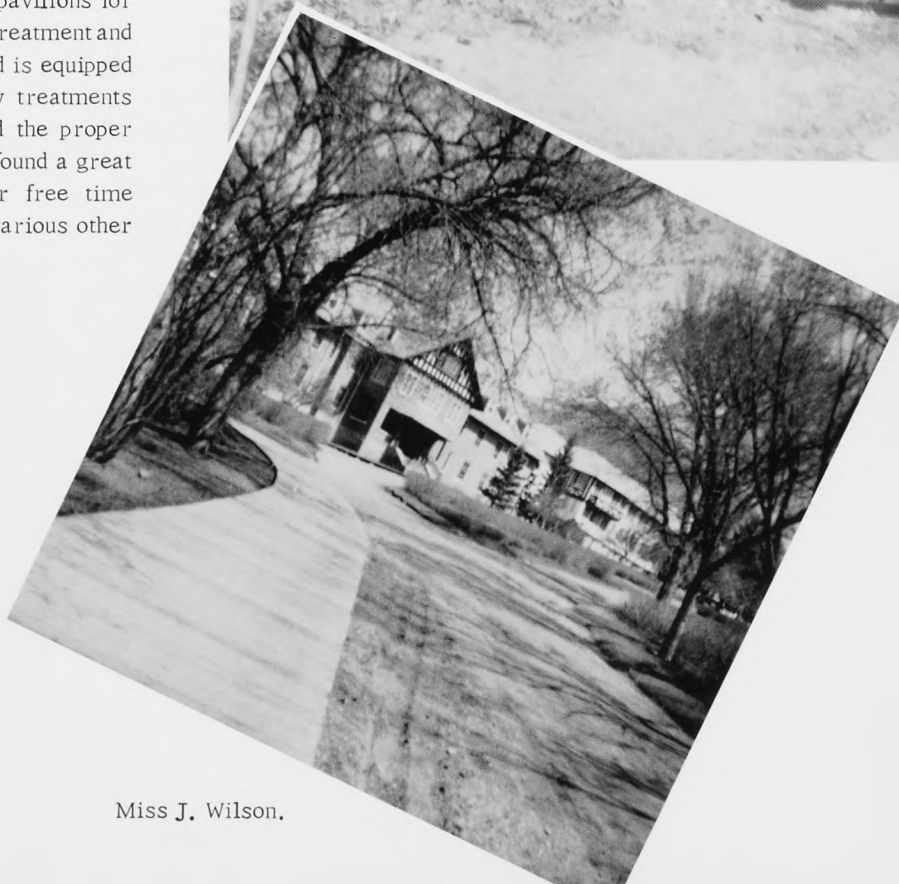
On a cold frosty morning on December 28, 1959, seven R.G.N.H. nurses full of excitement and wondering, boarded the eastbound train. What had the four weeks of affiliation at Fort San in store for them? We found that the sanatorium and nurses residence lies in the midst of the scenic beauty of the Qu'Appelle Valley, surrounded by rolling hills, overlooking the expansive Echo Lake. We realized how this scenic beauty must add to the enjoyment of working and attending classes and also, how it gives the patients a chance to enjoy nature at its best.

The San consists of infirmaries for patients who are on complete bed rest and pavilions for those who have had nearly all their treatment and will soon be going home. Each ward is equipped with facilities to insure necessary treatments including rest, drugs, sunshine, and the proper diet. For recreational therapy we found a great majority of patients spending their free time tooling leather, painting, and doing various other crafts.

At the San a student nurse learns about the history and control of tuberculosis: the importance of mass x-ray to detect tuberculosis in its earliest stages and how this is made possible by "Christmas seals," "Amateur Programs" and other methods.

Before we knew it our four week affiliation had come to a close and we were bidding good bye to many friends we had made among the other affiliating students. We returned to our respective hospitals with our newly acquired knowledge and many happy memories.

Miss J. Wilson.







## V.O.N.

Have you ever seen a woman in a smart navy blue uniform and black bag? This is a Victorian Order Nurse. These are fully qualified nurses - doing home nursing at any hour of day or night.

The V.O.N. is a voluntary organization sponsored by Government grants, patient fees, United Appeals, and private donations.

Every R.G.N.H. senior student has the privilege of spending one day with the V.O.N. It gives us a picture of a patient other than in a hospital. It also gives us an idea as to how large a field there is in public health nursing.

To the Regina Branch of the V.O.N., the 1960 graduation class expresses a heart-felt "thank you" for a memorable day of exciting and interesting experience with you.

D. Schneider





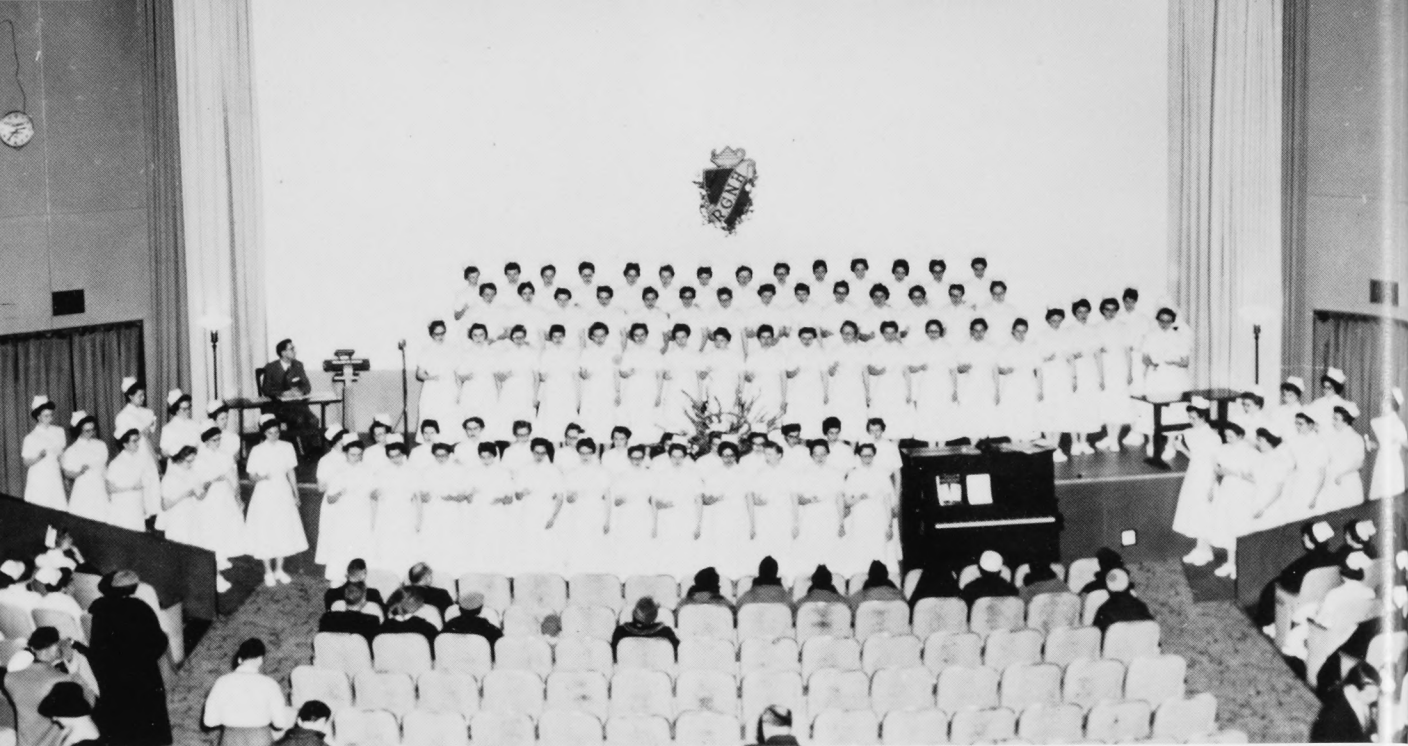
## Glee Club

This year again was another successful one for the Glee Club under the capable direction of Mr. Bill Duignan.

During the Christmas season the Glee Club sang at two festivals--The Rotary Carol Festival at Knox Metropolitan Church on December ninth, and the Knights of Columbus Festival at Campion College on December twentieth. Two carols were sung, one being sung in French.

On December twenty-first, the Glee Club again sang carols around the hospital. Done by candle light, this was very impressive. The employees' Christmas party, held in the cafeteria on December seventeenth, also gave the Glee Club a chance to demonstrate their vocal powers, which they did to the satisfaction of all.

Our most sincere thanks and appreciation are extended to Mr. Duignan for his time, patience and efforts spent with us and we hope he will direct many more successful years of singing with our Glee Club.



## Capping

On February 12th, at two o'clock, ninety-one girls walked solemnly down the aisle at the Nortown Theatre. Six months of hard study and work had finally come to a climax. The chairman, Mr. W.W. Vanderguard then called us one by one across the stage to receive our caps from Sister Brodeur.

The programme consisted of songs sung by the seniors and piano selections played by Mrs. P. McIntyre. Father H. Bosma, hospital chaplain, in his message told us his understanding of a nurse. Father J. J. Farrell, S. J. of Campion College gave us a very inspiring address. Thank you very much Father.

Following the ceremony at the theatre our parents and friends toured the hospital.

A lovely lunch provided by the Sisters, was served by the senior classes in the nurse's residence.

This important day for the new white caps ended as each student went home for a short stay with her family.

It was a lovely day-one we shall always remember.

I hope we shall measure up to all that is expected of us.



# The Pageant



The Garden Scene

## BOUQUETS TO HER GLORY

After weeks of much preparation, "Bouquets to Her Glory" was presented to the public on November 22 and 23. Dignitaries of Regina as well as the general public were impressed with entertainment that varied from religious music to classical selections rendered by the String Ensemble.

Upon entering Sheldon-Williams Auditorium all were greeted by the strains of organ music played by Mr. Max Laidlaw. The music finely woven through all the performance, added a touch of dignity and solemnity.

On this occasion we witnessed a celebration of the Beatification of Blessed Marguerite d'Youville, foundress of the Grey Nuns' Sisters of Charity of Montreal.

In the dimmed and hushed auditorium, the commentators who were Messrs. Bob Hill and Hugh Delaney, told the story of a Quebec born woman, who with the Grace of God and her inexhaustible desire to serve the destitute, founded an order of "Grey Nuns." After seemingly insurmountable setbacks and trials this small community was recognized and to-day has increased in numbers and services.

A tableau accompanied. The first scene portrayed the festivities on the day she married Francois d'Youville. The Glee Club of R.G.N.H. attired in the contemporary dress, sang songs that were popular in her time. Veronica's dancers, six small youngsters, danced the minuet. An interlude of music was presented by the String Ensemble featuring Howard Leyton Brown and other members of the Regina Conservatory of Music. Selections varied from chamber music to hymns, to the "March Militaire."



Choir Boys Scene

Following this, a chorale was sung by the choir boys of Holy Rosary Cathedral. Twenty-eight young lads, dressed in red and white cassocks, raised their voices to honor Marguerite d'Youville.

An amusing scene of community life was next in sequence. It illustrated the fact that in spite of all the trials these dauntless young women faced, there was much room in their hearts for pleasure. At that time the group sang French songs still sung today.



Community Recreation Scene



Chapel Scene

The scene in the Chapel was viewed. The Glee Club, directed by Mr. Bill Duignan, and guest soloist Mr. J. B. Goetz, sang an arrangement of "Ave Maria" and others. The finale was breathtaking. Amid illuminated clouds stood Blessed Marguerite d'Youville, played by Lucille Mercier. The singing of "Praise the Lord" brought this outstanding evening to an end.

All will agree that this evening will be remembered by the viewers and the performers. A word of 'thank you' goes out to all who so generously gave of their time, and congratulation to Sister Brodeur and Mrs. O. J. McNeill, who directed this successful event.



Glory Scene



## -Senior "A" Activities-

As usual, we the "February class" haven't too much to report and we couldn't ruin our reputation at this late date.

February 9, 1959, found us gathered at Oscars to celebrate our Second Anniversary of our entry in through the doors of Nursing. Naturally, the evening began with a meal and ended with a show at a nearby theatre. An enjoyable time was had by all.

May 23, 1959, figures highly in our "midget-size" note book of activities, the occasion being the Formal honoring the '59 graduates of R.G.N.H. Our class had the pleasure of putting on the dance, and are grateful for one opportunity of doing something worthy of mention.

In July 1959, the "Februarians" moved out of residence. Since then we've had numerous "gatherings" (birthday parties) for the ever-aging seniors, who, although they'll be leaving, will never forget the good times had by all in the "Halls of Learning" of R.G.N.H.

You're the end of an era,  
Now aren't you proud,  
For February classes,  
You're the last little crowd.

But though you are leaving,  
You're never forgot,  
A swell bunch like you are,  
We'll sure miss a lot.



# Activities

## - Senior "B" Activities -

April 3, began our social activities with a dance at Campion College. Bill Nagel's orchestra supplied the music. The gym looked very attractive in decorations of flowers, easter bunnies and balloons. The gaiety and fun throughout the dance made us feel that everyone had a good time and our efforts were worthwhile.

June, July and August, the school activities were limited as all were making plans preparing and packing for the holidays-four wonderful weeks. August 26, we set up the barbecue on the back lawn for our annual party and our faithful chefs barbecued hamburgers, weiners, and corn on the cob. After the big feed we limbered up with a snake dance down Dewdney Avenue.

September 30 we officially welcomed the new members of the school - 95 wonderful probies! Supper was served in the lower classroom and when they were well fed, we took them on a merry chase about town.

January 27, we had a farewell party for the last February class of the school. The evening began with food (as usual) and the entertainment consisted of a mock graduation and two skits. Everybody had lots of fun, laughs, and really enjoyed the evening. We wish all the girls luck in their new employment.

A sincere thank you to Sister Brodeur for supporting us in our social activities and making the year a success.

A. Baillod



## Intermediate Activities

"Red Band Rock," one of the highlights of the year, was held at Campion College in early November. Music by Wally Reed and His Gold Tones with M.C. Jerry King provided an evening of fun and entertainment for all.

Boggy Creek was the chosen site for an Intermediate Class Party one evening last August. Weiners, marshmallows, and what have you, were frizzled and sizzled to the tune of a blazing bonfire. Everyone returned to the residence with spirits high, and stuffed to capacity.

November was a busy month for all classes of R.G.N.H., preparing for the pageant, "Bouquets to Her Glory." It was held in honor of the beatification of Blessed Marguerite D'Youville, foundress of the Grey Nuns' Sisters of Charity of Montreal. A big "thank you" to all who made it such a success.

## Probie's Activities

Vim, Vigour and Vitality-this is what confronted the students when ninety-five eager girls entered the new halls of learning.

We were rather dubious until we were introduced at the Welcome Party put on by our seniors and big sisters. We were shown a film "The Stars are Singing" followed by the usual fine lunch.

At our Initiation Party we came before the house in the latest of styles, uncurled hair, worn-out jeans. We were stunning! The highlight of all of this was the Snake Dance down Dewdney. This the Regina drivers will never forget or forgive. Back for supper was not too hard a task for us, as by this time we were weak from laughing, and starved.

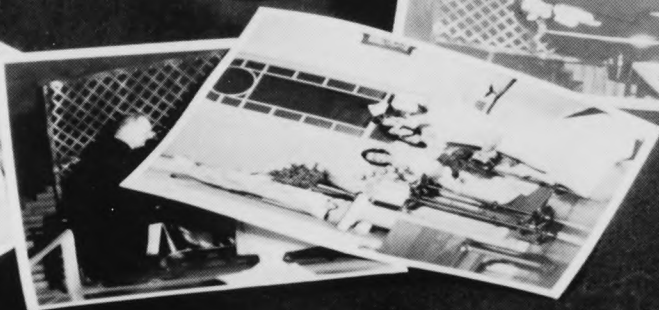
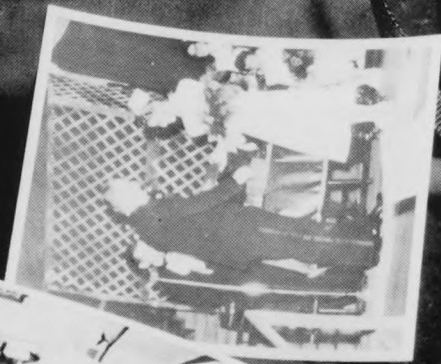
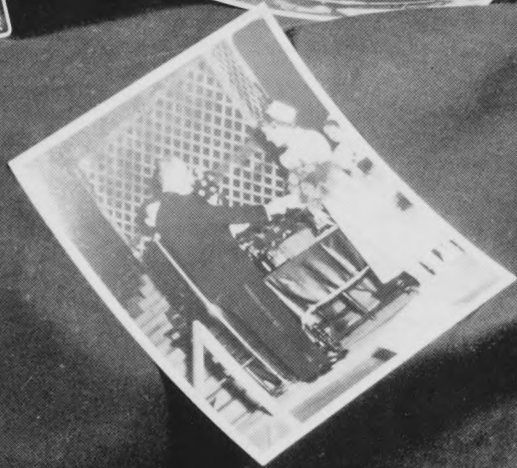
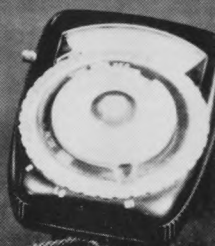
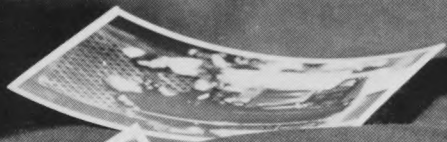
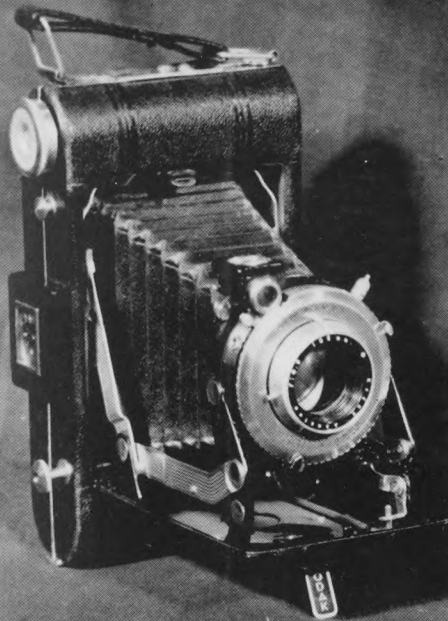
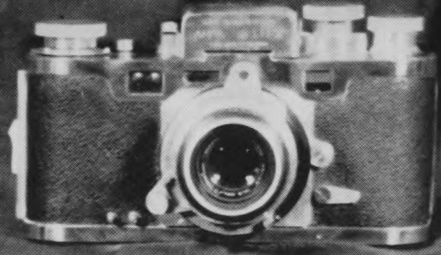
Wits gathered, courage up, but knees not co-operating we presented our talent review, which consisted of skits, piano solos and duets, accordion solos and singing.

We then received our student cards which officially made us part of R.G.N.H. School of Nursing-"at last."





# Photography





## First Floor

1A, 1B, 1C

LEFT TO RIGHT: Miss Szouronski, Miss Mac Issac, Miss Teece, Mrs. Moroz, Miss Dion, Mrs. Edwards, Miss Clews, Miss Engle, Mrs. Lidfors, Mrs. Barbin, Mrs. Mullen.

## Third Floor

3C

BACK ROW, Left to Right: Miss Sigbjornson, Mrs. Popescul, Miss Neufeld. FRONT ROW: Mrs. Tiefenbach, Miss Finch, Mrs. Schneider, Mrs. Wilkinson.



## Second Floor

2A, 2B

LEFT TO RIGHT: Mrs. Mitchell, Mrs. Paterson, Miss Bast, Mrs. McWilliams, Mrs. Hammond, Miss Wawryk, Mrs. Little.

## Third Floor

3D

BACK ROW, Left to Right: Alec, Frank, Mrs. Kahn, Miss Lynch, Mrs. Holt, Mrs. Miller, John, Bill. FRONT ROW: Miss Caron, Miss Boyko, Mr. Putz, Miss Rohatyn, Miss Jenner, Mrs. Blocha.



## Annex I and II

LEFT TO RIGHT: Matt, Miss Geeson, Miss Rebalkin, Miss Therens, Mrs. Mebs, Ed.

## Fourth Floor

4D

LEFT TO RIGHT: Mrs. McCelland, Miss Bollman, Miss Dobson, Mrs. Autman, Miss Folk, Mrs. Biggin, Mrs. Kellet, Mrs. Horvath, Mrs. Bernasky, Mrs. Renwick, Miss Bourgeois, Mrs. Fyfe.







## Third Floor Maternity

3A

LEFT TO RIGHT: Miss LePoint, Miss Jackson, Mrs. Ferron, Miss Lorenz, Mrs. Hitchie, Mrs. Gledhill, Miss Westbourg.

## Third Floor Pediatrics

3B

BACK ROW, Left to Right: Miss Himbeault, Miss Chelak, Mrs. Ehman, Miss Bowen-Smith. FRONT ROW: Miss Yurkoski, Mrs. Thomas.



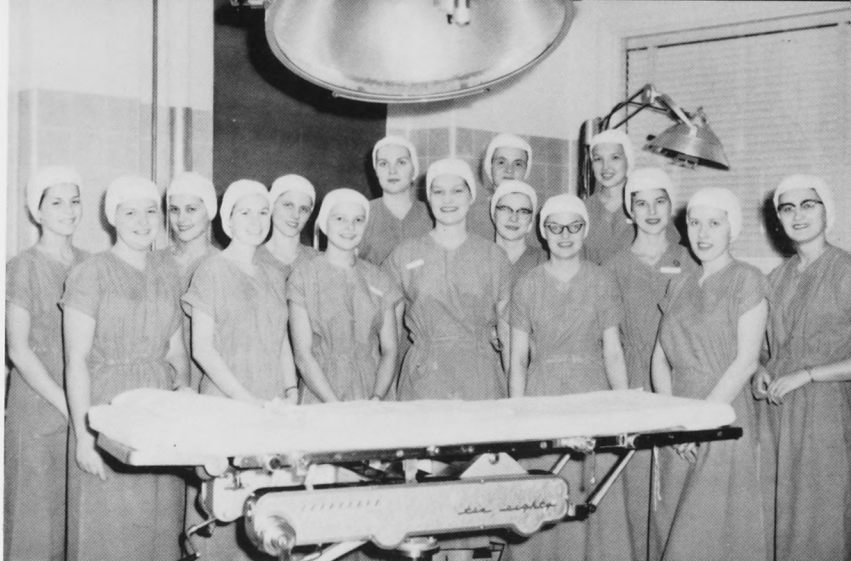
## Third Floor

### Case Room and Nursery

FRONT ROW, Left to Right: Miss Wong, Mrs. Klassen, Miss Hergesheimer, Miss Meyers, Mrs. Stewart, Mrs. Derkitt. BACK ROW: Miss Dempsey, Mrs. Lefebvre.

## Operating Room

FIRST ROW, Left to Right: Miss Woodward, Mrs. Johnson, Mrs. Belcourt, Miss Rossiter, Mrs. Malnyk, Miss Singer, Mrs. Kovacs. SECOND ROW: Miss Hagel, Mrs. Rambow, Miss Grose, Mrs. Laing, Miss Dayne. THIRDRROW: Miss Luchenski, Miss Collins, Mrs. Wagman.



## Dressing Room

LEFT TO RIGHT: Mrs. Stemper, Miss Himbeault, Miss Vicq, Miss Grohs, Mrs. Munroe.

## Cancer Clinic

FRONT ROW, Left to Right: Mrs. Dey, Mrs. Vincent, Mrs. Curtis, Mrs. Allan. BACK ROW: Miss Fulton, Mrs. Hayes, Miss Kemp.





## Recovery Room

Mrs. Jerworski  
Miss Marsh  
Miss Horeak  
Miss Moore

## The Photographer

Harald Richter



## Our Interns

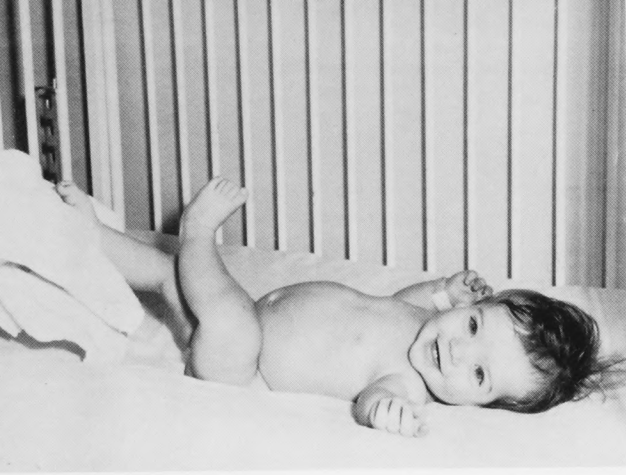
LEFT TO RIGHT: Dr. Ubeschar  
Dr. Ficke  
Dr. Martinez  
Dr. Tan



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TRAINING



## Pediatrics



## M e d i c i n e





Eye, Ear, Nose and Throat



Diet Kitchen



Formula Room



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## Operating Room



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Literary

## WHO ELSE BUT A NURSE

They have a certain glow although at times it is a little dim, but there is always enough there to give your heart a twist, enough for you to know that you are in the presence of one of God's special creatures. Even when they grumble about their work, criticize their teachers and think they are better than their co-workers, there is a little spark.

God borrowed from many creatures when he made nurses. He used the gentleness of the lamb, the stubbornness of the mule, the song of the bird, the curiosity of the cat, the memory of the elephant, the softness of the kitten, the friendliness of the pup, the heart of the lion.

Nurses like parties, staying out late, new clothes, drive-in restaurants, weiner roasts, mounted Police, good food, many boy friends and the Nortown theatre.

They don't care much for study periods, roll call, mass meetings, supervisors, teachers, coming in at 10:30 p.m.

Who else in this world can take so infernally long to answer your light, leave you on the bed pan for an hour, tell you you're feeling wonderful, when you know you feel terrible? Who else can give you a needle and chuckle with "That didn't hurt did it?" Who else but a nurse.

A nurse is innocence with a twinkle in her eye beauty with cascara down her apron.

Yet when it comes time for the end of life's struggle, you're weary and tired of pain, your bed has become your captor, and all in all you are ready to give up the fight, who else in this world can boost your morale more, with a cheery smile, a kind word and a gentle touch, or just a little sympathy? No one, no one but a nurse.

## YOU TELL ON YOURSELF

You tell on yourself by the friends you seek,  
By the very manner in which you speak,  
By the way you employ your leisure time,  
By the use you make of dollar and dime.

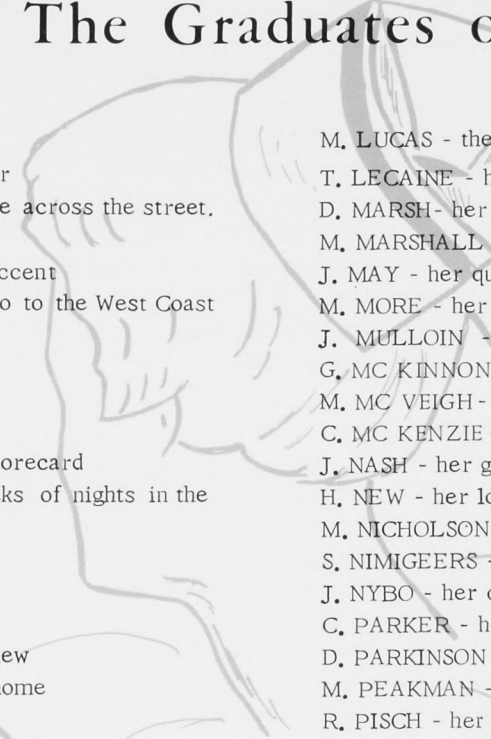
You tell what you are by the things you wear,  
By the spirit in which your burdens you bear.  
By the kind of things at which you laugh,  
By the records you play on the phonograph.

You tell what you are by the way you walk,  
By the things of which you delight to talk,  
By the manner in which you bear defeat,  
By so simple a thing as how you eat.

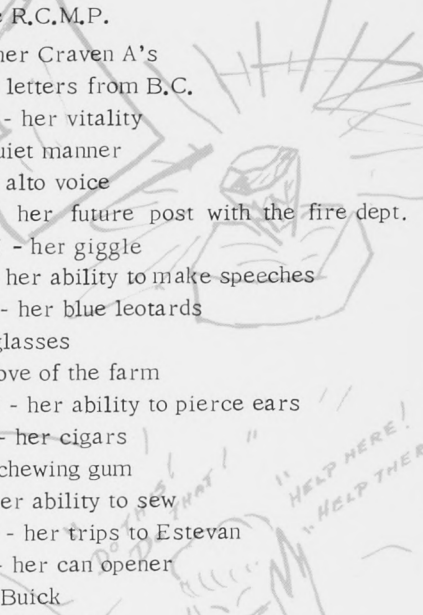
By the books you choose from the well filled shelf  
In these ways and more you tell on yourself.  
So there is really no particle of sense,  
In an effort to keep up false pretense.

# From The Graduates of '60

## To The Graduates of '61



E. BALL - Her blind dates  
 A. BAILLOD - her sense of humor  
 K. BALASZ - her boarding place across the street.  
 M. BENDER - her hats  
 J. BEAUREGARD - her French accent  
 E. BURRELL - her desire to go to the West Coast  
 I. BROWN - her freckles  
 B. BRYAN - her wardrobe  
 M. BUNNAH - her trips home  
 I. CARRIERE - her shag haircut  
 S. CONNAUGHTY - her bridge scorecard  
 M. CRUESOT - her three weeks of nights in the Dressing Room  
 S. CHORNOMYDZ - her shyness  
 L. DAME - her blue eyes  
 J. DAVIS - her shoes  
 C. DUPMEIER - her wonderful view  
 L. ELLERT - her parcels from home  
 I. EVANS - her extra time  
 M. EVEREST - her vim and vigor  
 D. FLETCHER - her stuffed animals  
 M. FAFARD - her red band  
 R. FOX - her gold fish  
 H. FREY - her hair-do for the pageant  
 P. GREEN - her late hours  
 C. GREZCK - her dates  
 A. HOREAK - Charlie!  
 E. HUMBERT - her tweezers  
 J. HORNING - her desire to go to university  
 D. JAMISON - her nickname "Tissie"  
 E. JOHNSEN - her artistic talent  
 J. JOHNSON - her Herpes!  
 G. KARAKACHUK - her long curly lashes  
 M. KEMP - her ability to study  
 J. KMITA - her make-up  
 Z. KOZOWAY - her free passes on the CPR  
 M. KOLTON - her jokes  
 V. LAFRENTZ - her countless tales of "days on the trail"  
 B. LA BERGE - her black rinse  
 S. LOFGREN - her efficiency  
 B. LORETH - her needlepoint



M. LUCAS - the R.C.M.P.  
 T. LECARNE - her Craven A's  
 D. MARSH - her letters from B.C.  
 M. MARSHALL - her vitality  
 J. MAY - her quiet manner  
 M. MORE - her alto voice  
 J. MULLOIN - her future post with the fire dept.  
 G. MC KINNON - her giggle  
 M. MC VEIGH - her ability to make speeches  
 C. MC KENZIE - her blue leotards  
 J. NASH - her glasses  
 H. NEW - her love of the farm  
 M. NICHOLSON - her ability to pierce ears  
 S. NIMIGEERS - her cigars  
 J. NYBO - her chewing gum  
 C. PARKER - her ability to sew  
 D. PARKINSON - her trips to Estevan  
 M. PEAKMAN - her can opener  
 R. PISCH - her Buick  
 H. PRYCE - her red hair  
 C. RODRIGUE - her days on second floor  
 C. ROGALSKY - her favorite chair in front of T.V.  
 J. SARVIS - her duties as editor  
 E. STOCKI - her ability to tell jokes  
 M. SKILNICK - her vocabulary  
 L. SCHISSLER - her visits to her aunts.  
 S. SCHUSTER - her ulcer  
 D. SCHNIEDER - her ability to make fudge  
 J. SANGSTER - her pony tail  
 M. RODDY - her fracture board  
 G. RIED - her Christmas candles  
 J. REMPEL - her double room  
 D. WINGERT - her laugh  
 C. WHITBY - her neat room  
 M. WILSON - her L.P. of Tommy Edwards  
 J. WILSON - her naturally curly hair  
 C. VERBEKE - her long black tresses  
 H. WILDERMANN - her phone bills  
 V. WOOLSEY - her ability to quit smoking  
 L. YURKIW - her walk  
 L. THERENS - her accordion  
 W. SHICK - her fur jacket

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## R.G.N.H. SCHOOL SONG

R.G. N.G.

You're our favorite school,  
Our guiding light,  
Our measure and tool.  
White cap, red band and the gold  
You know the story ever bold.  
We've learned the joy of a babies first cry.  
Comforted those when soft voices die.  
Thank you Lord in heaven above  
For helping with your eternal love.  
Walk softly lest your steps should disturb,  
Do kindness always with every word.  
The lamps heavy, yes we know  
But behold, how it glows.

To noble deeds  
Our hearts will aspire  
Love and devotion  
This our desire.  
Be not weary doing good  
For this so long our school has stood.  
Laughter has echoed through every hall,  
Memories warm, are ninety feet tall.  
Friends we've met like sisters are.  
The road be rough, the goal be far.  
Roll out the carpet, ring out the bells-  
Graduation, three years it spells.  
Real Good Nurses Here, that's true.  
To R.G.N.H. Thank You.

Muriel Bender.

## MOUNTAIN REVERIE

To the mountains I will flee  
And there beneath those scented tree  
Will lay my head upon the sod,  
And hear the birds sing songs of God.

There by the rushing river bed  
Count tiny stars far over head.  
Or by the blue falls thundering mist  
In pools of waterlilies list.

Let sunsets embers turn to night  
Seated by the log-fire bright,  
I'll hear those scented pine trees nod  
And think how mountains are like God.

MJB

Have you seen a gull fly against the storm?  
Or with what pain a babe is born?  
It isn't just a foolish fraud,  
But rather is an act of God.

Muriel Bender.

## AFTER WORK

Nurses work long hours,  
Of that we have no doubt,  
But things that happen after work,  
You just don't know about.

Like the time we came off duty  
And to our room we trudged,  
Our bed was in a tizzy  
And our mirror was all smudged.  
"Oh, what's the use", we stated,  
"To clean up all these things?"  
Tossing bib and apron,  
We lay down on the springs.

Or the other night while visiting  
At eleven thirty-five,  
When hearing footsteps coming  
For the closet we did dive,  
Down in Florence's closet,  
Down upon our knees,  
Wouldn't we have died  
If suddenly we sneezed?

Once a month we clean our room,  
Whether it needs it or not?  
But halfway through we're weary,  
And down for a coke we trot.  
Our furniture in the hallway  
And dirt in the corridor,  
When returning an hour later,  
We've got furniture no more.

Remember the day we all sat up,  
And talked until ten to two--  
Then drowsily we crawled to bed  
Our weary day was through.  
We're working days and its eight A.M.,  
Our alarm clock has rung out,  
Someone's pounding on our door,  
"You're late for work", they shout.

Twice a week we study--  
On Monday and Wednesday night,  
We run down at nine thirty,  
For fruit we then must fight.  
An apple for me and one for you,  
And five for the girl next door,  
Who incidently is in line  
To grab a dozen more.

When studying for exams one night,  
We felt a dire need,  
Pulling on our coats we snuck,  
To the canteen for a feed.  
While making our way back to Res.,  
With all our treats so meagre,  
Unluckily we met Sister,  
"Guess she's not studying either!"

Loneliness got the best of us,  
We decided to sleep together  
So drag in an extra mattress,  
And then to hit the feather.  
While coming around the corner  
The mattress we did carry  
The House Mother met us there: --  
The mattress fell on Mary.

We cannot figure why it is  
Clean uniforms are rare,  
Could be 'cause the dirty ones  
Are piled under our chair.  
So if we pick our friends out right,  
As it's from them we borrow,  
We won't get one too tall or short,  
And look a mess tomorrow.

So that's our tale and you can bet  
There's lots we haven't said,  
Besides its getting late you see,  
We just got chased to bed.

*To the  
Graduating Class  
of 1959*

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For Your  
Success and Happiness  
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D. Parkinson  
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Hanna Fletcher

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Fellie Johnson

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H. Reid

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